



Career Essentials: *Experiences*

Curriculum Map

SkillsUSA Career Essentials: Experiences is designed as a flexible two-year program. Year one includes nine fundamental experiences. Year two continues with five advanced experiences and one capstone experience. Instructors can use these experiences where they best align with what is already going on in their classrooms.

Each experience spans two-to-three weeks and includes a 30-minute instructor-led kickoff event, followed by a student-led, individual or group project. E-learning modules provide just-in-time, bite-sized learning throughout the experience.

Fundamental Experiences (Year One)

Personal Skills

Experience Title	Resourceful	Reliability	Resiliency
SkillsUSA Framework Essential Elements	<ul style="list-style-type: none">Adaptability/FlexibilitySelf-Motivation	<ul style="list-style-type: none">ProfessionalismIntegrityResponsibility	<ul style="list-style-type: none">Work EthicResponsibilitySelf-Motivation

Workplace Skills

Experience Title	Project Management	Cooperation	Innovation
SkillsUSA Framework Essential Elements	<ul style="list-style-type: none">Planning, Organizing and ManagementDecision MakingTeamwork	<ul style="list-style-type: none">TeamworkMulticultural Sensitivity and AwarenessCommunication	<ul style="list-style-type: none">Decision MakingLeadershipTeamwork

Technical Skills

Experience Title	Career Planning	Workplace Habits	Responsive
SkillsUSA Framework Essential Elements	<ul style="list-style-type: none">Computer and Technology LiteracyJob-Specific SkillsProfessional Development	<ul style="list-style-type: none">Computer and Technology LiteracyJob-Specific SkillsSafety and Health	<ul style="list-style-type: none">Computer and Technology LiteracyService Orientation

Advanced Experiences (Year Two)

Component

Experience Title	Collaboration	Initiative	Continuous Improvement
SkillsUSA Framework Essential Elements	<ul style="list-style-type: none"> • Communication • Decision Making • Teamwork • Multicultural Sensitivity and Awareness • Planning, Organizing and Management • Leadership 	<ul style="list-style-type: none"> • Work Ethic • Professionalism • Responsibility • Adaptability/Flexibility • Self-Motivation 	<ul style="list-style-type: none"> • Computer and Technology Literacy • Job Specific Skills • Safety and Health • Service Orientation • Professional Development

Multi Component

Experience Title	Customer Service	Change Management
SkillsUSA Framework Essential Elements	<ul style="list-style-type: none"> • Integrity • Work Ethic • Computer and Technology Literacy • Service Orientation • Communication • Multicultural Sensitivity and Awareness 	<ul style="list-style-type: none"> • Adaptability/Flexibility • Computer and Technology Literacy • Communication • Decision Making • Leadership

Capstone

Experience Title	Career Readiness		
SkillsUSA Framework Essential Elements	<ul style="list-style-type: none"> • Work Ethic • Professionalism • Responsibility • Adaptability/Flexibility • Self-Motivation 	<ul style="list-style-type: none"> • Communication • Decision Making • Teamwork • Multicultural Sensitivity and Awareness • Planning, Organizing and Management • Leadership 	<ul style="list-style-type: none"> • Computer and Technology Literacy • Job Specific Skills • Safety and Health • Service Orientation • Professional Development